

SEPTEMBER NEWS

Remember that HMES is a NUT FREE SCHOOL!



School Day

9:03	Warning Bell -line up for entry
	School begins
9:05 – 10:45	1 st Instructional Block
10:45 – 11:25	1st Nutrition Break
11:25 – 1:05	2 nd Instructional Block
1:05 – 1:45	2 nd Nutrition Break
1:45 – 3:25	3 rd Instructional Block
3:25	Dismissal

Holly Meadows Staff 2016-2017

Kindergarten/	L. Jones & & A. Goodman,
Designated	J. Banks & S. Sitarz, C. Saunders &
Early Childhood	J. Rolph, C. Cain(LTO) & B. Mcelroy,
Educator	C. Latford/S. Thomas & J. Araujo (J.
	Shelswell)
Grade 1	J. Warman, C. Manuel, S. Bragg, G. Young
	(1/2)
Grade 2	J. McDiarmid, K. Henneberry (2/3)
Grade 3	R. Crawford, G. Semsch, T. Davies (3/4)
Grade 4	D. Critch, A. Noble(LTO), C. Sugg (4/5)
Grade 5	C. Elliott, A. Furch, S. Rogerson
Grade 6	D. Thomson, S. Michaud
Grade 7	P. Moore, T. Rose, B. McDonald
Grade 8	J. Wilson, J. Chenette
FSL	C. Wright, S. Moore
Planning Time	L. Rossi, S. Thomas, B. Watson, J. Neufeld,
	J. Collins, D. McCallum
Teacher-	M. O'Donal-Cook
Librarian	
Special	A. Douglas, D. Garland, J. Greer, R. Moss,
Education	D. McCallum
Resource	
Educational	C. Bastedo, S. Dominczuk, A. Gordon, C.
Assistants	Greening, L. Haluska, A. Harvey, T. Renz
	J. Toffen, TBD
Office Staff	L. McAlendin, U. Parsons
Administrative	J. Hofmann, J. Dobson
Team	
Operations Staff	K. Harvey, M. Franssen, D. Bolan, K.
	Patterson

Mark Your Calendar

Sept. 7	Junior Kindergarten Orientation
	12-1 Jones, Latford
	2-3 Banks, Cain and Saunders
Sept. 19	Volunteer Orientation 10-11 am
Sept. 21	Volunteer Orientation 2-3 pm 6-7 pm
Sept. 26	School Council Meeting 7-9 pm
Sept. 29	Terry Fox Run

School Council

If you are interested in serving as a representative on the Holly Meadows School Council, please contact the office to get a Parent Candidate Nomination form or print a copy from the school website. We look forward to a great year working together.

STUDENT ACCIDENT INSURANCE 2016-2017

Student injuries at school, during school events, and extracurricular activities (athletics, clubs, and out-of-province/outof-country trips) are not covered by the Board or its insurance company. While every precaution is taken to provide a safe learning environment, accidents can and do happen.

It is essential that all students participating in extra-curricular activities have adequate insurance coverage for all instances of injury.

The Simcoe County District School Board has selected the "insure my kids" program through Old Republic Canada as an option for students/parents/guardians to consider with regards to purchasing student accident insurance coverage for the upcoming school year. The coverage is for 24 hours a day. This insurance offers a variety of plans and benefits at reasonable annual prices. Coverage can be purchased online at www.insuremykids.com .

Please watch for your student accident insurance package along with a letter about requirements for extra-curricular activities and out-of-province or out-of-country trips.

Keep connected with your school and the SCDSB

It's important to get accurate information about what's going on at your school and your school board, including possible labour situations. Please feel free to call the school at any time if you have questions or concerns.

- You can subscribe to our school's website by visiting the 'What's New' section at http://hol.scdsb.on.ca. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. When you fill out your email and click Subscribe, an email will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- For Simcoe County District School Board (SCDSB)
 media releases and event information, visit the
 'News' section under 'About Us' at the SCDSB's
 website: www.scdsb.on.ca. The SCDSB Education
 Centre can be reached at 705-734-6363.
- Follow the SCDSB on Twitter (@SCDSB_Schools),
 Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb)
- Follow Holly Meadows on Twitter (@meadows_es)
- Through SCDSB's Sharing Simcoe blog (www.sharingsimcoe.com), we share stories of some of the amazing people involved in our schools. The blog features stories and tips from our own in-house experts and experts we work with in the community, as well as good news stories about our schools.

For school bus transportation information, visit the Simcoe County Student Transportation Consortium's website at: main.simcoecountyschoolbus.ca. And remember to bookmark the school bus information page at: simcoecountyschoolbus.ca for bus delay and cancellation information on inclement weather days.

Reminder: Our school doors are locked during the day

The safety and well-being of our students is our top priority. We have a number of procedures in place designed to keep our school safe. One of the newer initiatives is that our front door is locked during the school day. All other school doors are also locked. To access the building, visitors will need to press the intercom button at the front door.

Staff in the office will let visitors into the school. This will help us ensure that all visitors sign in at the office. Please understand that staff may not be available to answer the door immediately. If you have any questions about safety procedures, as always, please contact the office.

Giving back to the school community - VOLUNTEERS in our school

Volunteers are an important part of what makes our school a great place to learn and grow. We value and appreciate the support of our volunteers. There are many opportunities available, including school council, breakfast clubs, reading help, field trip supervisors, assisting in the classroom or library and much more. Everyone who volunteers in a school must have a criminal record check, which includes a Vulnerable Sector Screening. Please call or visit the school office for more information about opportunities available or if you'd like to volunteer!

Volunteer Orientations have been scheduled for: September 19, 2016 10-11 am September 21, 2016 2-3 pm or 6-7 pm All volunteers must participate in an orientation session.

Procedures help keep our school safe

The safety and well-being of students is our top priority. We have a number of procedures in place to keep our school safe. You can help your child understand and feel safe by:

- talking to them about the situations below
- reminding them that emergencies are rare
- telling them it's important to follow staff instructions in these situations

Parents should talk about the following emergency drills with their children:

- Shelter in place is used when there is an environmental or weather-related situation, like a chemical spill outside the building, or a major storm. Activities continue inside the school. Students and staff are not allowed to leave the building. The ventilation system may be shut off.
- A hold and secure is used when there is a situation in the community, not related to the school, like a bank robbery nearby. Activities continue, but all doors are locked. No one is allowed to enter or exit the school
- A **lockdown** is used when there is a major incident or a threat of violence related to the school. Students and staff move to secure areas, away from doors and windows. Doors are locked, lights are shut off and blinds are drawn. Students and staff remain quiet. We practice lockdown drills at least two times per year. In the unlikely event of an actual lockdown situation, police ask that parents do not go to the school. Information will be communicated through social school board media sites (www.facebook.com/SCDSB and www.twitter.com/SCDSB Schools) and website (www.scdsb.on.ca), through local police and local media.
- All schools have evacuation plans in case of gas leaks, bomb threats or fire incidents that would require everyone to leave the school. Each school has an evacuation site. Ours is St. Bernadette Elementary School located at 101 Marsellus Dr. Barrie, ON, L4N 8R6. We hold drills to practice our

- evacuation plan. In a real evacuation, students and staff may go to the evacuation site, depending on the situation. Parents will be informed about pick-up procedures by the school, school board and local media.
- Elementary school main doors are locked during the school day. Visitors must use the intercom system to enter the building. Staff may not be available to answer the door immediately, please be patient. All visitors, including school volunteers, are required to sign in at the school office and wear visitor identification.
- Staff and volunteers must complete a **criminal record check** before having contact with students.
- We ask parents to contact us when their child will be absent from school as part of our Safe Arrival program. When we don't hear from a parent/guardian, and a student is absent, we will call home to find out the reason for the absence.
- At least two staff members in every school are trained in first aid and CPR. All Simcoe County District School Board schools have Automated External Defibrillators (AEDs).

When parents are at school during a drill or emergency event, they must follow direction from school staff, police, fire and/or emergency personnel. Parents may not have immediate access to their children during drills or emergencies. They may need to wait until the situation is resolved and school staff and/or emergency personnel release students into parent care.

It's important for you to know we'll always take whatever precautions are necessary to keep our school and students safe.

There are lots of ways to dress for school...



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There are lots of ways to dress for school: Learn about the new student dress code

The SCDSB is introducing a new student dress code this school year. The dress code was developed in consultation with staff and students. Students are expected to respect the

guidelines when dressing for school. Our school is a safe space. We work to be equitable and inclusive, and understand that students may choose to express themselves through their clothing choices. Student clothing cannot pose a safety concern or conceal identity. Exceptions are granted to students who wear head coverings or other garments/objects for the purposes of religious observance, medical or sensory needs, or other reasons protected by the Ontario Human Rights Code.

The SCDSB dress code is available in the student agenda and online at www.scdsb.on.ca. If you have questions about the dress code, you can contact the principal or the SCDSB Equity and Inclusive Education Team at 705-728-7570.

Pay for field trips, lunch days, etc. with SchoolCash Online

The SchoolCash Online program is available at our school. Parents can pay online for lunch days and other items. Parents who sign up will receive a notification when a new item becomes available for purchase. Items are personalized to each student. Parents use a secure online account to process payments, and can either make a one-time payment for each item as it occurs, or load money to carry a balance in the online account to make payments in the future. To create an online account, go to simcoecounty.schoolcashonline.com. Please contact the school office with any questions.

School bus 'Bus Tag' program helps students get to and from school safely

The Simcoe County Student Transportation Consortium's Bus Tag program supports safety for JK/SK and other school identified students. The program helps match students to their assigned afternoon school bus and identifies that they must be met by a parent or guardian at their afternoon bus stop.

The program provides a colour coded Bus Tag with the assigned p.m. route number to be attached to the student's backpack and a colour coded route card with route number in the windows of the school bus that the Bus Tag is matched to. The program can also provide tags for students who are walkers and/or who remain at an on-site daycare to make sure they don't get on a bus in error.

For more information, visit main.simcoecountyschoolbus.ca and click on the 'Safety' tab.

Safety reminder from the Simcoe County Student Transportation Consortium (SCSTC)

A reminder to drivers as children return to school this fall, and school buses are back on the roads:

- Take caution be extra cautious in the vicinity of school buses and around school bus loading and unloading zones
- Pay attention Watch for school buses' distinctive chrome yellow colouring, flashing red lights and stoparms. Drivers travelling in both directions on a road without a median must stop for a stopped school bus that has its upper red lights flashing
- Know the repercussions Any driver that fails to stop for a school bus with its lights flashing is subject to a fine of up to \$2,000 and six demerit points for a first time offence
- Be empowered Anyone who witnesses a driver failing to stop for a school bus can report the incident to the police

Visit the SCSTC web site at www.simcoecountyschoolbus.ca and click on the 'Home' button then the 'Safety' tab for more details.

Free International Languages classes – registration for fall program available now

Would your child like to learn a new language or maintain their first language? These courses are FREE and open to any student in Grades 1 to 8. Classes run Saturday mornings from 9 to 11:30 a.m. beginning Sept. 17, 2016. Registration forms can be found at www.thelearningcentres.com or call 705-725-8360 x45151 or 45160 if you have any questions.

Register now for ESL fall classes

Do you or someone you know want to improve English language skills? The SCDSB Learning Centres can help. English as a Second Language (ESL) classes for adults are offered at the Alliston, Barrie and Bradford Learning Centres. Visit www.thelearningcentres.com or call for more information: Alliston: 705-435-7778; Barrie 705-725-8360; Bradford: 905-775-4432.

Reminder from the Simcoe Muskoka District Health Unit: Packing a healthy school lunch

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- Include one serving from at least three of the four food groups from Canada's Food Guide
- Rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small 'bite-sized cheese cubes, left over chicken chunks, veggie sticks or fruit slices
- Get your kids to eat more veggies! Send cucumber coins, zucchini sticks and pepper strips with dip
- Fill whole wheat or multi grain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard.
- Water is the best option for hydration

Looking for more information to help keep you and your family healthy? Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at www.simcoemuskokahealth.org.

Active and Safe Routes to School

Walking or cycling to school is a great way to help your child get the 60 minutes of recommended daily physical activity. It also teaches them to be aware of their own safety, builds responsibility and independence, and helps them to feel more connected to the community. And it's good for their physical and mental health!

More walkers also means less car traffic around our school, which will help keep students safe and improve outdoor air quality too. Committing to even one day a week of walking or cycling to school can make a big difference!

To find out more about the recommendations for physical activity and how to make Active and Safe Routes to School happen in your school community, visit www.saferoutestoschool.ca.

Reminder from the Health Unit: School grounds are smoke free 24/7

Protect yourself and your children from the health hazards of secondhand smoke. Remember, it is against the law to smoke ANYWHERE on school property at ANY TIME. This includes smoking in your vehicle while picking up or dropping off students. It is also against the law to smoke or hold lit tobacco in a vehicle carrying anyone under age 16. The fine for ignoring the law is \$250. For more information contact the Simcoe Muskoka District Health Unit 705-721-7520 or 1-877-721-7520 or visit www.simcoemuskokahealth.org.

Schools are available for community use

Through our Community Use of Schools program, almost all of our schools are available outside of school hours for not-for-profit community groups. Our gyms, fields, auditoriums and classrooms are available for your sporting events, concerts, recitals and more.

You can apply online. A Permit Clerk will process the application and advise if the facility is available at the requested time. Once an application is approved, a rental contract will be issued and the applicant will be invoiced.

For more information, visit www.scdsb.on.ca, click on 'Schools' and then 'Community Use of Schools.'